

The Delray Democrat

Thích Nhất Hạnh – A Remembrance^{1,2}

Susan Berkowitz-Schwartz



¹[The Delray Democrat](#), December 2022, page 6.

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Thích Nhất Hạnh was a Vietnamese Thiền Buddhist monk, peace activist, prolific author, poet and teacher known as the "Father of Mindfulness" and was a major influence on Western practices of Buddhism.